



Jade Spring Wellness Center

ACUPUNCTURE • MASSAGE THERAPY • CHINESE HERBAL MEDICINE

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Gynecology & Chinese Medicine

Chinese medicine has been used to enhance and promote reproductive functions for thousands of years. Chinese medicine respects that women have unique physiology and needs. According to traditional Chinese theory, women's physiology is rooted in Blood, which is the source of the menstrual period, fertility, pregnancy, and childbirth. Therefore, any stagnation or poor circulation of blood in the pelvic region can be the cause of many gynecological conditions such as dysmenorrhea, and endometriosis.

This ancient medicine is very effective in treating modern diseases and conditions for both males and females. Chinese medicine includes acupuncture and herbal medicine which are used for the treatments and prevention of diseases.

To name a few of the more common conditions which Chinese medicine has been successful in treating:

- Unexplained Infertility
- PMS
- Endometriosis
- Irregular menstrual cycle
- PCOS (polycystic ovarian syndrome)
- Menopausal symptoms and perimenopausal symptoms
- Fibroids
- Amenorrhea, luteal phase defect, anovulation
- Repeated miscarriage
- Low libido
- Male infertility including low sperm count, low motility and morphology

Enhancing Fertility with Chinese Medicine



In using Chinese medicine to enhance fertility it is important to remember that this medicine takes some time to yield results. It takes about three to six months to regulate the menstrual cycle.

Chinese medicine diagnosis will include an individualized differential diagnosis based on different patterns of disharmony. Chinese medicine treatments also provide stress relief as well as opening the channels (meridians) to establish free flow of **energy and blood** into the body's internal organs, ovaries and uterus.

For Women who are currently pregnant



Acupuncture is very effective in treating **morning sickness, back pain, sciatica, anxiety**, breech presentation and labor induction.

Treatment

Treatment can consist of acupuncture, once a week or twice a month, and herbal prescriptions, (which are tailored to the individual woman).

Case Study

A 32 yr. old female presenting pelvic pain which radiates down the left leg. She was diagnosed with endometrioses and had laparoscopic surgery which greatly reduced the abdominal pain. However, she was still left with pelvic pain which radiates down the left leg. Following twice a week treatments for 3 weeks, the pelvic pain had diminished to 1 from a pain level of 6 before treatment.

Please call our office to make an appointment

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